



GLUTEN FREE LUNCH MENU

WEEK ONE

W/C 23/02, 16/03, 20/04, 11/05, 08/06, 29/06

Majority of diets can be catered for,
please make school aware of any
dietary requests.

Gluten free pasta, pizza & breads
available.

	Monday	Tuesday	Wednesday	Thursday	Friday
Main One	Ham Pizza	Sausage & Mash	Roast Chicken	Meatball Pasta	Hot Dogs (No Roll)
Main Two	Cheese Pizza	Sweet Potato Pastry Roll		Cheese & Onion Pastry Slice	
Main Three	Tomato Pasta (Optional - Topped with Cheese)	Jacket Potato Choice of Beans, Cheese or Tuna Mayonnaise	Macaroni Cheese	Jacket Potato Choice of Beans, Cheese or Tuna Mayonnaise	Tomato Pasta (Optional - Topped with Cheese)
Sides	Crispy Diced Potatoes, Baked Beans	Peas, Gravy	Roast Potatoes, Broccoli, Carrots, Gravy	Potato Waffle, Cauliflower	Chips, Peas, Sweetcorn
Pudding	Chocolate Brownie	Sweet Waffle with toffee sauce	Banana Cake	Oaty Cookie	Chocolate Sprinkle Cake



**AVAILABLE
DAILY**

Fresh Bread
Fresh Fruit
Yoghurt/Jelly
Salad Bar





GLUTEN FREE LUNCH MENU

WEEK TWO

W/C 02/03, 23/03, 27/04, 18/05, 15/06, 06/07

Majority of diets can be catered for,
please make school aware of any
dietary requests.

Gluten free pasta, pizza & breads
available.

	Monday	Tuesday	Wednesday	Thursday	Friday
Main One	Chinese Chicken Stir Fry with Noodles	Pepperoni Pizza	Roast Gammon	Cottage Pie	Chicken Nuggets
Main Two	Sweet Chilli Vegetable Stir Fry with Noodles	Margherita Pizza	Carrot & Potato Plait	Tomato & Cheese Wraps With Mini Hash Browns	Cheese Pastry
Main Three	Jacket Potato Choice of Beans, Cheese or Tuna Mayonnaise	Tomato Pasta (Optional - Topped with Cheese)	Jacket Potato Choice of Beans, Cheese or Tuna Mayonnaise	Macaroni Cheese	Jacket Potato Choice of Beans, Cheese or Tuna Mayonnaise
Sides	Broccoli	Wedges, Sweetcorn	Roast Potatoes, Cauliflower Carrots, Gravy	Peas	Chips, Peas, Baked Beans
Pudding	Rice Crispy Slice	Fresh Fruit Salad	Marble Cake	Flapjack	Chocolate Mousse



**AVAILABLE
DAILY**

Fresh Bread
Fresh Fruit
Yoghurt/Jelly
Salad Bar





GLUTEN FREE LUNCH MENU

WEEK THREE

W/C 09/03, 13/04, 04/05, 01/06, 22/06, 13/07

Majority of diets can be catered for,
please make school aware of any
dietary requests.

Gluten free pasta, pizza & breads
available.

	Monday	Tuesday	Wednesday	Thursday	Friday
Main One	Chicken Burger (No Bun)	Spaghetti Bolognaise	Roast Chicken	Sausage Roll	Fish Fingers
Main Two		Bolognaise	Broccoli Cheese Pasta Bake	Vegetarian Sausage	
Main Three	Tomato Pasta (Optional - Topped with Cheese)	Jacket Potato Choice of Beans, Cheese or Tuna Mayonnaise	Tomato Pasta (Optional - Topped with Cheese)	Jacket Potato Choice of Beans, Cheese or Tuna Mayonnaise	Macaroni Cheese
Sides	Wedges, Peas	Garlic Bread, Green Beans	Roast Potatoes, Broccoli, Carrots, Gravy	Crispy Diced Potatoes, Baked Beans	Chips, Peas, Sweetcorn
Pudding	Vanilla Sprinkle Cake	Ice Cream	Chocolate Shortbread	Jammy Crumble Bar	Chocolate Chip Cookie



**AVAILABLE
DAILY**

Fresh Bread
Fresh Fruit
Yoghurt/Jelly
Salad Bar

CERTIFIED
SUSTAINABLE
SEAFOOD
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