



PE Intent, Implementation, Impact Statement

Intent

At Middlefield Primary Academy, we follow the Cambridgeshire Scheme of Work in KS1 and the PE Planning website units of work in KS2. Both schemes aim first and foremost to help children to feel that they are able to develop skills and improve in a range of physical activities and to develop a life-long love of being active. We focus on developing the skills, knowledge and understanding that children need in order to access a variety of games and PE activities.

We believe that Physical Education (PE), experienced in a safe and supportive environment, is essential to ensure children attain optimum physical and emotional development and good health. We intend to deliver high-quality teaching and learning opportunities that inspire all children to succeed in physical education and in developing life skills. We want to teach children skills to keep them safe such as being able to swim. We also want to teach children how to cooperate and collaborate with others as part of an effective team, understanding fairness and equity of play to embed life-long values. Our curriculum aims to improve the wellbeing and fitness of all children at Middlefield, not only through the sporting skills taught, but through the underpinning values and disciplines PE promotes.

Implementation

- PE at Middlefield Primary Academy provides challenging and enjoyable learning through a range of sporting activities including; invasion games, net & wall games, strike and field games, gymnastics, dance, swimming and outdoor & adventure.
- The long term plan sets out the PE units which are to be taught throughout the year and ensures that the requirements of the National Curriculum are fully met.
- Pupils participate in two high quality PE lessons each week, covering two sporting disciplines every half term. In addition, children are encouraged to participate in the varied range of extra-curricular activities.
- Children are invited to attend competitive sporting events within the local area. This is an inclusive approach which endeavours to encourage not only physical development but also mental well-being. These events also develop teamwork and leadership skills and are very much enjoyed by the children.

- Each year, Year 6 children are invited to become Play Leaders for the school. They are given a half-day training to assist the lunchtime staff running games and activities for KS1 children.
- Children in Year 5 and 6 swim once a week for 10 weeks during the Summer Term.

Impact

We help motivate children to participate in a variety of sports through quality teaching that is engaging and fun. From our lessons, our children learn to take responsibility for their own health and fitness, many of whom also enjoy the success of competitive sports. We equip our children with the necessary skills and a love for sport. They will hopefully grow up to live happy and healthy lives utilising the skills and knowledge acquired through PE.