

17th December 2019

Dear Parents/Carers,

'Year 5 -Forest School Programme'

We are pleased to offer all children in Year 5 the opportunity to take part in a 6 session Forest School Programme this Spring term. Sessions will take place within the woodland area of the school site, on a Wednesday afternoon.

- 8th January
- 15th January
- 22nd January
- 29th January
- 5th February
- 12th February

'Forest School is an inspirational process that offers all participants regular opportunities to achieve, develop confidence and self-esteem through hands-on learning experiences in a local woodland environment.'- Forest School Association

During the Forest School programme, children will take part in activities that encourage physical development and well-being, self-esteem, confidence, emotional intelligence, resilience, moral and spiritual development, creativity and independent learning. Forest School activities will include team building games, tree climbing, shelter building, rope activities and making crafts using natural materials. Some activities may include the use of tools and occasionally fire which will be used for making a warm drink or tasty snack, these activities will be planned based upon the weather/season, capabilities and interests of the children.

So that your child can differentiate between Outdoor Learning sessions and Forest School sessions, we would like them to wear more appropriate clothing for the activities that they will take part in. Please only send your child in clothing that you don't mind them getting dirty, wet or both! This is all part of their Forest School experience, they will need:-

- **Long** sleeved t-shirt (to protect from scratches and stings etc.)
- **Long** trousers (to protect from scratches and stings etc.)
- Trainers/sturdy boots (wellingtons will be at school if needed.)
- Waterproof coat
- Spare pair of socks

- A plastic bag to send dirty/wet clothes home in

We do need permission for your child to participate in the Forest School Programme, therefore, we would be grateful if you could complete and return the attached form by **Monday 6th January 2020**.

We thank you for your support during this new and exciting learning experience for your child at Middlefield Primary Academy.

Yours sincerely

Miss Burnett
Year 5 Class Teacher

Miss Jarvis
Forest School Leader

On behalf of Middlefield Primary Academy (part of TDLPT)

Name of Child:

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I agree to my child taking part in the Forest School Programme.

Yes

No

I agree to my child having photos/videos taken (to be shared on the school website and closed Facebook page) during the Forest School Programme.

Yes

No

Has your child ever been stung by a bee?

Yes – please describe reaction.

No

Details.....

Does your child have any allergies? Pollen, lavender, nuts etc?

Yes

No

Does your child have any dietary requirements?

Details.....

Signed (parent/carer*)

*delete as appropriate

We welcome any comments you may have below:-