

6th September 2019

Dear Parents/Carers,

'Year 4 -Forest School Programme'

We are pleased to offer all children in Year 4 the opportunity to take part in a 6 session Forest School Programme this autumn term. Sessions will take place within the woodland area of the school site, on a Wednesday afternoon.

- Wednesday 11th September • Wednesday 18th September
- Wednesday 25th September
- Wednesday 2nd October
- Wednesday 9th October
- Wednesday 16th October

'Forest School is an inspirational process that offers all participants regular opportunities to achieve, develop confidence and self-esteem through hands-on learning experiences in a local woodland environment.' - Forest School Association

During the Forest School programme, children will take part in activities that encourage physical development and well-being, self-esteem, confidence, emotional intelligence, resilience, moral and spiritual development, creativity and independent learning. Forest School activities will include team building games, rope activities, tree climbing, shelter building and making crafts using natural materials. Some activities may include the use of tools and occasionally fire, these activities will be planned based upon the capabilities and interests of the children.

So that your child can differentiate between Outdoor Learning sessions and Forest School sessions, we would like them to wear more appropriate clothing for the activities that they will take part in. Please only send your child in clothing that you don't mind them getting dirty, wet or both! This is all part of their Forest School experience, they will need:-

- Long sleeved t-shirt (to protect from scratches and stings etc.)
- Long trousers (to protect from scratches and stings etc.)
- Trainers/sturdy boots (wellingtons will be at school if needed.)
- Waterproof coat
- Spare pair of socks
- A plastic bag to send dirty/wet clothes home in

We do need permission for your child to participate in the Forest School Programme, therefore, we would be grateful if you could complete and return the attached form by Monday 9th September 2019.

We thank you for your support during this new and exciting learning experience for your child at Middlefield Primary Academy.

Yours sincerely

Miss Jarvis
Forest School Leader

On behalf of Middlefield Primary Academy (part of TDLPT)

