

17th May 2019

Dear Parents/Carers,

'Year 2 - Forest School Programme'

After the successful introduction to Forest School last term, we are pleased to offer all children in Years 1 & 2 the opportunity to take part in 6 sessions, this summer term, on a Friday morning.

- Friday 7th June
- Friday 14th June
- Friday 21st June
- Friday 28th June
- Friday 5th July
- Friday 12th July

'Forest School is an inspirational process that offers all participants regular opportunities to achieve, develop confidence and self-esteem through hands-on learning experiences in a local woodland environment.' - Forest School Association

During Forest School children will take part in activities that encourage physical development and well-being, self-esteem, confidence, emotional intelligence, resilience, moral and spiritual development, creativity and independent learning.

Forest School activities will include team building games, rope activities, tree climbing, shelter building and making crafts using natural materials. Some activities may include the use of tools and occasionally fire use, these activities will be planned based upon the capabilities and interests of the children and will be facilitated 1:1.

So that your child can differentiate between Outdoor Learning sessions and Forest School sessions, we would like them to wear more appropriate clothing for the activities that they will take part in. Please only send your child in clothing that you don't mind getting dirty, wet or both! This is all part of their Forest School experience, they will need:-

- Long sleeved t-shirt (to protect from scratches and stings etc.)
- Long trousers (to protect from scratches and stings etc.)
- Trainers/sturdy boots
- Waterproof coat
- Spare pair of socks
- A plastic bag to send dirty/wet clothes home in