

19th June 2017

Dear Parents/Carers

PHSE for Year 6 Pupils

Over the next few weeks year 6 will be starting to think about some of the changes that are happening to them. These include moving on to different schools and how their bodies are or will start to change as they move into adolescence. A large amount of the theme will be looking at how these changes will make us feel and how to deal with changing emotions.

As part of this programme we shall be using interactive material produced by the BBC especially for top junior pupils. The teaching programme is for Year 6 and involves;

Unit	Section	Content	
Growing up	Physical Changes	Periods	Girls only
		Wet dreams	Boys only
		Hygiene	All
	Emotional Changes	Feelings about self	All
		Feelings for different people	
Cycle of life	Sexual reproduction		All
	Birth		
	Sexuality		
	Change and loss		
Feelings	Managing feelings		All
	Respecting others feelings		
	Keeping safe	Hugs and touches	
		Internet safety	
		Resisting negative peer pressure	
Family Life	Different family patterns		All
	Marriage and partnerships		
Friendships	Making friends		All
	When friendships go wrong		

May I remind you that although sex education is now part of the school curriculum it is still your right to withdraw your child if you should wish to undertake this duty as parents. If you should wish to withdraw your child from sex education at school, please discuss this with me.

Yours sincerely

Mr John Turner
Associate Head Of School
On behalf of Middlefield Primary Academy (part of TDLPT)